Body Weighting System



A functional neurological approach, our body weighting system is the correcting force that causes the patient's own nervous system, righting reflexes, innate organizing energy, and spinal muscles to correct the spine and posture by activating the cerebellum and motor strip as they react to the purposefully placed head, shoulder, and hip weights.

The righting reflexes' reactions cause the necessary involved muscles to relax while other contract, thereby pulling and holding the upright spine and posture into alignment with gravity.